

PSHE Curriculum Map 2025-2026 My Happy Mind/ Coram combined

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
My Happy Mind	Meet the Brain	Celebrate	Appreciate	Relate	Engage	Coram 'Growing & Changing'
CLASS 1 R&Y1	Year 1 5 MHM lessons Year 1 Coram Keeping Safe Why we have classroom rules	Year 1 4 MHM lessons Year 1 Coram Keeping Safe How are you listening? Thinking about feelings	Year 1 3 MHM lessons Year 1 Coram Keeping Safe Our feelings Feelings and bodies Good friends	Year 1 3 MHM lessons Year 1 Coram Rights & Respect Around and about the school Taking care of something Harold's money	Year 1 4 MHM lessons Year 1 Coram Rights & Respect How should we look after our money? Basic first aid	Year 1 Coram All 6 lessons
CLASS 2 Y2 & Y3	Year 2 5 MHM lessons Year 2 Coram Keeping Safe Harold's Picnic	Year 2 4 MHM lessons Year 2 Coram Keeping Safe How safe would you feel? What should Harold say?	Year 2 3 MHM lessons Year 2 Coram Keeping Safe I don't like that Fun or not? Should I tell?	Year 2 4 MHM lessons Year 2 Coram Rights & Respect Getting on with others When I feel like erupting	Year 2 4 MHM lessons Year 2 Coram Rights & Respect Harold saves for something special How can we look after our environment?	Year 2 Coram All 6 lessons
CLASS 3 Y4	Year 4 5MHM lessons Year 4 Coram Keeping Safe Danger, risk or hazard?	Year 4 4 MHM lessons Year 4 Coram Keeping Safe How dare you!	Year 4 4 MHM lessons Year 4 Coram Keeping Safe Picture wise	Year 4 4 MHM lessons Year 4 Coram Rights & Respect Who helps us stay healthy and safe?	Year 4 4 MHM lessons Year 4 Coram Rights & Respect How do we make a difference?	Year 4 Coram All 6 lessons

		Keeping ourselves safe	Medicines-check the label	It's your right	In the news Safety in numbers	
CLASS 4 Y5 & Y6	Year 5 5 MHM lessons Year 5 Coram Keeping Safe Spot bullying Play, like, share	Year 5 5 MHM lessons Year 5 Coram Keeping Safe Decisions, dilemmas Ella's diary dilemma	Year 5 4 MHM lessons Year 5 Coram Keeping Safe Vaping: Healthy or unhealthy? Would you risk it?	Year 5 4 MHM lessons Year 5 Coram Rights & Respect What's the story? Fact or opinion? Mo makes a difference	Year 5 4 MHM lessons Year 5 Coram Rights & Respect Rights, respect & duties Spending wisely Lend us a fiver!	Year 5 Coram All 6 lessons