

# Menu

**Serving Fantastic Lunches Everyday** - All menus are carefully planned to meet School Food Standards, with all new dishes tested by children. Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

## Week 1

1

Week commencing

3rd November  
24th November  
15th December  
5th January  
26th January  
16th February  
9th March  
30th March  
20th April

## Week 2

2

Week commencing

10th November  
1st December  
22nd December  
12th January  
2nd February  
23rd February  
16th March  
6th April

## Week 3

3

Week commencing

17th November  
8th December  
29th December  
19th January  
9th February  
2nd March  
23rd March  
13th April

	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Choice</b>	Big Brunch Pork or Vegetarian Sausage Free Range Omelette Crispy Potatoes & Baked Beans	Loaded Mild Beef or Vegetable Chilli Nachos with Mixed Rice & Salad Selection	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	British Beef or Vegetarian Burger in a Bun with Paprika Wedges, Sweetcorn & Tomato Ketchup	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Lancashire Butter Pie with Vegetable Medley or Baked Beans (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Mac 'n' Cheese with Homemade Crusty Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
<b>Jacket &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<b>Dessert</b>	Toffee Traybake & Custard Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Marble Shortbread & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Raspberry Bun Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Cookie & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Chocolate Brownie Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk
	MEAT FREE MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Choice</b>	Loaded Pizza Panini with Paprika Wedges & Garden Peas (v)	Crispy Chicken or Vegetable Goujons & Katsu Curry Sauce with Rainbow Vegetable Rice	Pork or Vegetarian Sausage Yorkshire Pudding with Mashed Potatoes, Seasonal Vegetables & Gravy	Spaghetti Bolognese with Homemade Dough Balls & Salad Selection	Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas
<b>Alternative Choice</b>	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Puff Pastry Cheese Whirl with Herby Potatoes Garden Peas or Baked Beans (v)	Pasta Spirals & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Cooks Choice of filled Free Range Egg Omelette with Potato Wedges & Baked Beans	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<b>Dessert</b>	Rice Pudding & Fruit Jam Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Chocolate Cookie & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Cooks Choice of Mousse Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Lancashire Cheese & Biscuits Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Cocoa Krispie Cake Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk
	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Choice</b>	Pork & Carrot or Vegetarian Meatballs with Mild Chilli & Sweet Pepper Sauce Mixed Rice & Salad Selection	Savoury Mince & Dumplings with Mashed Potatoes Green Beans & Carrot Batons	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Naan Bread	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
<b>Alternative Choice</b>	Harry Ramsden's Salmon & Sweet Potato Fishcake with Herby Potatoes & Vegetable Medley	Pasta Tubes & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Vegetarian Sausage Roll with Paprika Potatoes Garden Peas or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<b>Dessert</b>	Chocolate Traybake & Custard Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Shortbread & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Oaty Flapjack Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Lemon Cookie & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk	Cooks Choice of Cupcake Cooks Choice of Jelly Fruit Yoghurt ~ Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Healthier Families campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.